

Clear Your Limiting Programs, Patterns and Beliefs

Master Your Life • Overcome Obstacles • Live With Purpose



Flower Essence Therapy Course with Joseph Aldo, PhD

Flower essences are energetic remedies. During our lifetime, we encounter various challenges that require us to evolve beyond our limiting patterns, programs and beliefs. Flower essences assist us in a gentle and loving way to move beyond our limitations and step into our soul's greatness. Mental, emotional and spiritual issues can be transformed through the subtle powers imbued within flowers.

In this workshop we will explore flower essence therapy including:

- Dr. Edward Bach and the history of Flower Essences
 - Understanding Bach's 38 remedies
- How to combine flower essences to make effective therapeutic remedies
 - Working with chronic vs acute conditions
- The art of case taking and finding the key symptoms
 - Working with intuition, and much more...
- There will also be live case taking with class volunteers

This course is for both lay people and healers who wish to add another powerful therapy to their practice.

When: October 26-27, 2019, 10am - 6pm

Where: Greenwich, CT

Fee: \$395 (\$350 if register before 9/15); Repeat \$195

Registration: info@lotuswellnessctr.com

Joseph Aldo is an intuitive holistic healer and spiritual mentor. He holds a PhD in Natural Health. For over 20 years, Joseph has been a practitioner of diverse modalities including Ayurveda, homeopathy, flower essence therapy, nutrition and detoxification, meditation and more. He is the creator of transformational workshops, including Healing Circles, Mentorship programs, Intuitive Awakenings, and Holistic Healing Trainings. The focus of Joseph's work is the healing of mind, body and soul via the release of programs, patterns and beliefs that lead to dis-ease. For more info, visit www.josephaldo.com.